

# Please contact us on

## HEALTH AND WELLBEING WORKSHOPS

Two Saturday workshops giving you the opportunity to learn about yoga and homeopathy.

**Venue:** West Wight Youth Centre  
**Start Date:** Saturday 20 and 27 March

## STRETCH AND RELAX

Using gentle yoga stretches, relaxation and breathing exercises to release tension in the body and mind. Bring a blanket and cushion.

**Time:** 10am – 11.30am  
**Tutor:** Anne Osborn  
**Course fee:** £8 (£4 concessions)

## HOMEOPATHY FOR HEALTH

Learn how homeopathy can give you greater health awareness and the knowledge of how to use homeopathic medicines for common complaints.

**Time:** 12.30pm - 4.30pm  
**Tutor:** Frank Hicks  
**Course fee:** £8 (£4 concessions)

Look Inside  
For Adult Learning  
Opportunities  
Near You  
Tel: 817289

## VICTORIAN WEST WIGHT

Gain an insight into the Victorian history of West Wight. Using photographs, archive materials and local architecture you will learn how the area developed during Victorian times. A visit to a local heritage site will be included.

**Venue:** West Wight Youth Centre  
**Start Date:** Friday 11 June  
**Sessions:** 8 sessions  
**Time:** 10am - 12 noon  
**Tutor:** Lisa Kerley  
**Course Fee:** £32 (£16 concessions)

## CARNIVAL LEARNING OUTREACH CARNIVAL CLUB

Come along to the Carnival Club to make costumes for the May Day Parade on the 1 May. Develop simple and effective techniques to make wonderful costumes. No experience necessary and all materials provided. No unaccompanied children.

**Venue:** West Wight Youth Centre  
**Start Date:** Saturday 27 February  
**Sessions:** 7 sessions  
**Time:** 10am - 12.30pm  
**Tutor:** Gina Dyer and Hannah Ray

For more information about Carnival Learning Centre Outreach courses contact Alison Knapman on 817288

*'Achievement and Standards  
are Outstanding'*  
- Ofsted 2009

Telephone 817289

PCN 117CYP

# Community & Family Learning **WEST WIGHT**

Spring/Summer 2010

Look Inside  
For Adult Learning  
Opportunities  
Near You  
Tel: 817289



Arts and crafts



Textiles



Computers



Painting

Funded by:



Leading learning and skills

# W

## Welcome to the Spring/Summer Edition of the Isle of Wight Council Community and Family Learning Service programme.

A new series of courses are about to start, so please come and join in, have fun, meet people and learn new skills. The courses are very popular so please phone to book your place: 817289

Our courses are generously subsidised by the Isle of Wight Council and the Learning and Skills Council; however most opportunities incur a fee to help cover costs.

The Isle of Wight Council is committed to improving access to learning opportunities. If we can help remove barriers to your participation in learning please contact us to discuss further.

### For further information contact:

Sharon Kennovin  
Community & Family Learning Coordinator  
Telephone 817289  
Email: [sharon.kennovin@iow.gov.uk](mailto:sharon.kennovin@iow.gov.uk)  
The Carnival Learning Centre  
Westridge, Brading Road, Ryde, PO33 1QS

Brochures and further information can also be viewed online at:  
[www.iwcommunitylearning.ac.uk](http://www.iwcommunitylearning.ac.uk)

West Wight Nursery, Summers Lane, PO39 0HQ

West Wight Youth Centre, Moad Place, PO40 9XH

## WIRE SCULPTURE

Learn the skill of wire sculpture. Create your own unusual piece using galvanized wire and a range of other materials. All materials provided.

**Venue:** West Wight Youth Centre  
**Start Date:** Monday 22 February  
**Sessions:** 4 sessions  
**Time:** 9.30am - 12.30pm  
**Tutor:** Penny Rushton  
**Course Fee:** £16 (£8 concessions)  
**Material Fee:** £4

## KNITTING AND CROCHET

Learn basic knitting and crochet stitches, choosing yarns and reading patterns. Make something unique from cushion covers to hats and have fun with modern and traditional yarns and materials. All materials provided.

**Venue:** West Wight Youth Centre  
**Start Date:** Tuesday 23 February  
**Sessions:** 8 sessions  
**Time:** 10am - 12 noon  
**Tutor:** Helen Goodman  
**Course Fee:** £32 (£16 concessions)  
**Material Fee:** £8

## PEN AND WATERCOLOUR WASH

An opportunity for learners to explore the basics of pen drawing and watercolour wash painting to develop their own individual style of working. All materials provided.

**Venue:** West Wight Youth Centre  
**Start Date:** Wednesday 24 February  
**Sessions:** 6 sessions  
**Time:** 9.30am - 11.30am  
**Tutor:** Paul Hewson  
**Course Fee:** £24 (£12 concessions)  
**Material Fee:** £6

# Phone to book your place

## GUITARS FOR BEGINNERS

Learn guitar playing skills in a supportive, small group, music based on classic rock and pop songs. Bring your guitar with you.

**Adults only.**

**Venue:** West Wight Youth Centre  
**Start Date:** Wednesday 24 February  
**Sessions:** 8 sessions  
**Time:** 6.30pm - 8.30pm  
**Tutor:** Graeme Barker  
**Course Fee:** £32 (£16 concessions)

## CREATIVE INTERIORS

Use fabrics, paper maché and a little imagination to recover stools, decorate boxes, make beautiful mirrors and more.

**Venue:** West Wight Youth Centre  
**Start Date:** Thursday 4 March  
**Sessions:** 8 sessions  
**Time:** 10am - 12.30pm  
**Tutor:** Jane Pearce  
**Course Fee:** £32 (£16 concessions)  
**Material Fee:** £8

## DECORATIVE CRAFTS

Four workshops giving you the opportunity to try different craft techniques. Subjects covered are painting and decorating small gift boxes, fabric painting to create an Easter bag for Easter egg hunts and painting on to flower pots and planting up with spring bulbs. All materials provided.

**Venue:** West Wight Youth Centre  
**Start Date:** Saturdays from 6 March  
**Sessions:** 4 taster workshops  
**Time:** 10am - 12 noon  
**Tutor:** Julie Webb  
**Course Fee:** £4 (£2 concessions)  
per workshop  
**Material Fee:** £1 per workshop

## EMERGENCY FIRST AID AT WORK (HSE APPROVED COURSE)

Basic life saving first aid and workplace health and safety regulations. Will cover resuscitation, seizures, dealing with an unconscious casualty etc. Learners must attend both sessions to gain qualification.

**Venue:** West Wight Youth Centre  
**Start Date:** Friday 21 May  
**Sessions:** 2 sessions  
**Time:** 9.30am - 12.30pm  
**Tutor:** St John Ambulance  
**Course Fee:** £25 (£12 concessions)

## KEEPSAKE BOOKS

Learn new skills in collage, painting and drawing to create your own book of memories to add that personal touch to your photos or mementoes. All materials provided.

**Venue:** West Wight Youth Centre  
**Start Date:** Wednesday 24 February  
**Sessions:** 6 sessions  
**Time:** 1pm - 3pm  
**Tutor:** Vidya Wolton  
**Course Fee:** £24 (£12 concessions)  
**Material Fee:** £6

## CREATIVE WRITING

Learn how to use a range of stimuli to produce your own style of creative writing. Use the environment and your own personal experiences as inspiration.

**Venue:** West Wight Nursery  
**Start Date:** Wednesday 21 April  
**Sessions:** 6 sessions  
**Time:** 12.30pm - 2.30pm  
**Tutor:** Kelly Wetherick  
**Course Fee:** £24 (£12 concessions)

Telephone 817289